

Plant Proteins Comparison Chart

Ingredient	Min. Protein	Sensory Overview	Application/s
Organic Oat Protein	67	Fine, light beige powder, typical of the species	Beverages & Nutritional Shakes, Bars & Cereal, Baked Goods, Vegan Ice Cream & Chocolate, Pasta, Dairy Alternative
Non-GMO Pumpkin Protein, Roasted	57	Olive to brown, typical of the species	Beverages & Protein Shakes, Baked Goods, Dressings, Sauces, Spreads & Soups
Organic Pumpkin Protein, Roasted	57	Green-brown, typical of the species	Beverages, Nutritional Drinks, Baked Goods, Dressings, Sauces & Soups
Organic Pumpkin Protein, Unroasted	57	Beige-green, typical of the species	Organic Food Supplements, Beverages & Protein Shakes, Cereal & Bars, Baked Goods
Organic Heliaflor® 45 Sunflower Protein	45	Medium beige, typical nutty	Baked Goods, Meat Alternative, Spreads & Sauces, Beverages & Smoothies
Organic Heliaflor® 55 Sunflower Protein	51	Light beige, typical of the species	Protein Shakes, Meat Alternative, Dough, Pasta, Baked Goods, Dressings & Sauces
Organic Heliaflor® Hache	50	Medium brown texturized meat substitute	Meat Alternative: Vegan Tacos, Sausages, Burgers, Pasta Sauces
Organic Almond Protein	50	White, typical of the species, slightly nutty	Beverages, Smoothies, Protein Shakes, Protein Bars & Power Balls, Baked Goods, Desserts, Pancakes & Waffles, Breading
Organic Cashew Protein	30	White & beige, typical of the species	Desserts: Tarts, Cakes & Pies, Cookies & Macaroons, Baked Goods, Beverages, Fruit Smoothies, Protein Shakes, Pancakes & Muffins
Organic Golden Flax Protein	30	Light yellow, typical of the species	Dough & Baked Goods, Nutritional Shakes, Spreads, Dips & Sauces
Organic Macadamia Protein	23	Whitish to beige, typical of the species	Dough, Baked Goods, Bars & Cereal, Flavor & Nutrition Enhancer, Pharmaceuticals
Non-GMO Pea Protein	80	Beige-yellow, typical of the species	Meat Alternative, Beverages & Nutritional Shakes, Dough, Baked Goods, Soups, Sauces & Purées, Pharmaceutical, Industrial
Organic Walnut Protein	40	Medium beige, typical of the species	Smoothies & Protein Shakes, Bars, Tarts & Pies, Vegan Ice Cream, Pancakes & Muffins
Organic Wheat Germ Protein	27	White & beige, typical of the species	Dough & Baked Goods, Granolas, Cereals & Bars, Fortified Beverages, Sauces & Soups